

Hot Food

# Tuckshop Menu



## Term 1 2024

#### Our Tuckshop opens daily at 8.15am. Breakfast is served until 8.40am.

Tuckshop closes at 11.55am and is closed during second break.

<u>LUNCH 11am</u>: Please order on a tuckshop bag and place in the classroom box by 8.55am <u>OR</u> preferably, order online at <u>www.flexischools.com.au</u>. by 8.00am or 10.00am for limited late menu

#### NO ORDERS CAN BE TAKEN OVER THE TUCKSHOP COUNTER IN THE MORNINGS AFTER 9.05am

(enabling staff and volunteers to process orders in time)

Sandwiches (White or Wholemeal)

Hot Food			Sandwiches (White or Wholer	<u>neal)</u>
Corn Cob		\$1.50	Vegemite or Honey	\$2.50
Garlic Bread		\$2.50	Cheese or Vegemite/Cheese	\$3.00
Gluten Free Garlic Bread		\$3.00	Ham	\$3.50
Beef party Pies (2)		\$3.00	Ham and Cheese	\$4.00
Chicken Goujons		\$3.00	Egg Mayo	\$4.00
Chicken Nuggets		\$3.00	Ham, Cheese and Tomato	\$4.50
Gluten Free Chicken Nuggets		\$3.50	Salad, Cheese, Mayo	\$4.50
Sausage Roll		\$3.50	Tuna Mayo	\$4.00
Large Meat Pie		\$4.50	Chicken Mayo	\$4.50
Beef Pie – Gl	uten Free	\$6.50	Ham and Salad	\$5.00
Lasagne – Be	eef 200g	\$4.50	Chicken and Salad	\$6.00
Macaroni and	l Cheese 200g	\$4.50	Chargrilled Chicken Wrap	\$6.00
Cheeseburge	er (beef, cheese, sauce)	\$5.00	-chicken slices, cheese, lettuce, mayo	
Burger – Chicken or Beef		\$5.50	Fat Wrap (grilled chicken / full sala	d) \$6.00
-lettuce, tomato	o, mayo, sauce		Felafel Wrap with sweet chilli	\$6.00
<b>Daily Specia</b>	<u>als</u>			
Monday	Hot Dog with sauce	\$3.50	Sandwich Extras	
	Cheese Hot Dog	\$4.00	Toasting	\$0.50
			Tomato or Lettuce or Cheese	\$0.50
Tuesday	Margarita Madness	\$4.50	Full Salad as an extra topping	\$1.50
	Homemade Margarita		Wrap or Bread Roll	\$0.50
	,		Gluten Free Bread	\$0.50
Wednesday	Sushi	\$4.00		
	Chicken/Avo, Tuna May Tuna/Avo, or Chicken T		Breakfast Menu (avail 'til 8.45a	m)
			Vegemite Cheese Scroll	\$3.00
Hot Potato Wedges With sour cream and sw Chili sauce on the side		04.00	Cheese and Bacon Bun	\$3.00
			Assorted Sweet Mini Muffin	\$1.50
			Blueberry or Apple Muffin	\$2.00
			Hot Chocolate	\$2.50
Thursday	Margarita Madness	\$4.50	Chopped Apple Snack Bag	\$1.50
Homemade Margari				
			Fresh Selection	
Friday	Sushi	\$4.00	Whole piece of fresh fruit	\$1.00
	Chicken/Avo, Tuna Mayo,		Watermelon Fruit Cup	\$2.50
	Tuna/Avo, or Chicken Ter	riyaki	Mini Garden Salad Tub	\$4.00

	Snack foods		<u>Drinks</u>	
	Carrot Sticks	\$1.00	Mini Spring Water 250ml	\$1.50
	Piece of whole fruit	\$1.00	Plain Full Cream Milk 300ml	\$1.50
	Hard-Boiled Free Range Egg	\$1.00	Popper apple/bc mini juice box	\$1.50
	Popcorn	\$1.00	Juicee Crush 250ml popper juice	\$2.00
	Jumpy chips	\$1.00	-Apple, Orange or Tropical	
	-Chicken or Original	Ψ1.00	600ml Pop-top spring water	\$2.00
	Pretzels	\$1.20	Pop-top apple juice 250ml	\$2.50
	JJ's Snack	\$1.20	Up & Go 250ml milk drink	\$2.50
	-Chicken or Salt & Vinegar	Ψ1.20	-Banana/ Chocolate/ Vanilla/Caramel	
	Red Rock Deli Chips	\$1.50	Krazy Homestyle Lemonade	\$2.50
	-Honey Soy Chicken or Sea Salt	ψ1.00	Focus fruity flavoured water	\$2.50
	Grain waves sour cream chives	\$1.50	100% Orange Juice 300ml Glee Fizzy Fruit Juice	\$2.50 \$2.50
	BBQ Snaps Gluten Free crisps	\$2.00	Flavoured Juice Bomb	\$2.50 \$2.50
	Gingerbread Cookie 35g	\$2.00	Flavoured Breaka Milks	\$2.50
	Tasty Cheese and Crackers	\$2.50 \$2.50	-Chocolate or Strawberry	Ψ2.50
		•	Bluey Pop Top Flavoured Milk	\$3.00
	Vaalia Yoghurt \$2.50		1Ltr Pop-top Spring Water	\$3.00
-French Vanilla or Raspberry Strawberry			3	,
	Meal Deals		Frozen Treats	
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	Mini Meal 2 Party pies/Mini spring water/Jumpy cl	\$5.50	Frozen orange wedge	\$0.20
	Go Krazy	\$7.00	Frozen flavoured mini milk cup	\$0.50
	Ham Cheese Toastie/Jumpy's/Krazy Le		Quelch Fruit flavoured Icy Pole	\$0.50
	Aussie Ripper	\$7.00	Zooper Dooper Icy Pole	\$0.50
	Traveller pie/Breaka flavoured milk/sau	ce	Mony TNT sour ice	\$1.00
	On the Side		Calippo Mini	\$1.50
	Soy sauce	\$0.20	Lemonade Icy Twist	\$2.00
Tomato or BBQ Sauce Salad Dressing Sweet Chilli sauce		\$0.30	Moosie Choc Milk popsicle	\$2.00
		\$0.50	Bulla Vanilla Ice Cream Cup	\$2.00
		\$0.50	Rainbow Paddle Pop	\$2.50
	Sour Cream or Greek yoghurt	\$0.50	Twisted Frozen Vogburt	\$2.50 \$2.50

### **Information about our Tuckshop**

\$0.50

Twisted Frozen Yoghurt

Slush Puppy (sold at break only)

Our Tuckshop's preferred ordering method is via <u>flexischools.com.au</u> for online ordering convenience. Cut off time is <u>8.00am</u> on day of order. We have EFTPOS however we do not accept telephone orders or offer credit, thank you.

Our Tuckshop follows "QLD – Smart Choices" Food Guidelines, which means that most of our products are QLD Gov't school approved, healthy and delicious!



Mayonnaise

<u>PLEASE ENQUIRE AS TO OUR RANGE OF BIRTHDAY PARTY PLATTERS</u>

<u>AVAILABLE MONDAY TO FRIDAY AND PRICED FROM \$13</u>



\$2.50

\$2.50

Please come and register your interest to volunteer in our school community. Thank you for your continued support of our school Tuckshop!